

**Lama Adventures Pvt. Ltd.**

# Mountain Biking

<b>Duration</b>	<b>Region</b>	<b>Type</b>
1-3 Days	Nepal	Activity

## Overview

Nepal is emerging as a playground for mountain bikers and offers a great array of dirt roads that are perfect for off-road biking. A number of bicycles renting outlets and the easy availability of food and accommodation along the trail have contributed in making Nepal a paradise for mountain bikers. Peace Nepal Treks has excellent relations with the best-licensed biking companies in the industry and we will happily assist you should you choose to hit the dirt roads of Nepal.

## Itinerary

## Inclusion / Exclusion

### Cost Includes

All airport and hotel transfers  
Hotel stay in Kathmandu on Bed & Breakfast basis  
Professionally trained and experienced tour guide and assistant guides  
Welcome/or Farewell Dinner  
Transportation in our private company vehicle  
Entrance permit and fees for all the Heritage sites  
All government and local taxes

### Cost Excludes

Personal equipments.  
Personal travel Insurance.  
Lunch & dinner in Kathmandu.  
Emergency Rescue evacuation.  
Personal expenses/Bar bills.  
Tipping for trekking staff.

