**Lama Adventures Pvt. Ltd.**

# Mountain Biking

| Duration | Region | Type |
| --- | --- | --- |
| 1-3 Days | Nepal | Activity |

## Overview

Nepal is emerging as a playground for mountain bikers and offers a great array of dirt roads that are perfect for off-road biking. A number of bicycles renting outlets and the easy availability of food and accommodation along the trail have contributed in making Nepal a paradise for mountain bikers. Peace Nepal Treks has excellent relations with the best-licensed biking companies in the industry and we will happily assist you should you choose to hit the dirt roads of Nepal.

## Itinerary

## Inclusion / Exclusion

### Cost Includes

All airport and hotel transfers
Hotel stay in Kathmandu on Bed & Breakfast basis
Professionally trained and experienced tour guide and assistant guides
Welcome/or Farewell Dinner
Transportation in our private company vehicle
Entrance permit and fees for all the Heritage sites
All government and local taxes

### Cost Excludes

Personal equipments.
Personal travel Insurance.
Lunch & dinner in Kathmandu.
Emergency Rescue evacuation.
Personal expenses/Bar bills.
Tipping for trekking staff.