Lama Adventures Pvt. Ltd.

Chulu East

Difficulty	Duration	Region	Max. Altitude	Type	Group Size	Accomodation
Hard	**22 Days**	**Manang**	**6584m**	**Peak Climbing**	**3-15 pax**	**Tea House/Camping**

Overview

The climb of Chulu East is often combined with the classic Annapurna Circuit Trek. The approach to base camp is from the village of Manang. The common route to the summit is via the North-East Ridge which was climbed in 1955 by a German expedition.

Chulu East is situated high above the Manang valley with breathtaking views across to the Annapurnas II, III and IV, Gangapurna, Glacier Dome, Dhaulagiri, Tilicho Peak and Manaslu.

Chulu East requires previous alpine experience with crossings of fractured glacial terrain and steep scree slopes to gain the main high summit ridge.

There is a second peak on the Chulu East permit called Chulu Far East (6,060 m) which guide Jamie McGuinness states “should be the ‘Island Peak’ of the Annapurnas, straightforward yet fun.” Both peaks share the same base camp. Note that groups often climb Chulu Far East instead of Chulu East.

Beyond the common ridge route, there is also a route that climbs the East Ridge (AD+) which requires a high camp, and a route that ascends the South East Ridge (D). Both require different base camps.

Itinerary

Days 1: Arrival in Kathmandu

> On your arrival in Kathmandu, Tribhuwan International Airport, our representative will welcome you & drive you to the hotel. It’s a free day/evening. You can walk around Thamel for shopping.

Days 2: Sightseeing around Kathmandu

Kathmandu is the historical and cultural heart of Nepal and has been a popular destination for tourists ever since Nepal opened its doors to visitors. The city presents a wonderful mix of Hinduism, Tibetan Buddhism and Western influence. There will be a guided tour to the largest Buddhist stupa in Nepal Boudhanath and after that to the most popular Hindu shrine dedicated to Lord Shiva- Pashupatinath. We take a tour to Patan or Lalitpur (the City of Artisans), which is 5km away from Kathmandu. We walk through Patan Durbar Square, and delight in the architectural wonders of the Malla era. Mahaboudha Temple, Kumbeshwor Temple, Krishna Temple and Golden Temple are the major attractions at the square.

Days 3: Drive to Bensisahar

You will take a bus and drive to Besisahar from Kathmandu. On the way we can see the lifestyle found in rural communities, which are surrounded by rivers and pastureland. Besisahar is a “sahar” which supply the daily requirements for the villagers near to it. You can find an average type of climate in Besisahar. Then, we head for Chyamche. Overnight stay at a guesthouse.

Day 4 : Trek to Dhrapani

Crossing the suspension bridge from Chyamche, we climb uphill for an hour and a half until we reach Jagat. We continue on, crossing another suspension bridge, and eventually reaching Dharapani. Overnight in Dharapani.

Day 05 : Trek to Chame

After leaving Dharapani, you go along a short walk and then reach Bagarchap. Then, we walk through a few forested ridges on our way to Chame, which is the headquarters of the Manang District. Overnight in Chame.

Day 06 : Trek to Pissang

A steep and narrow path through a very dense forest will bring us to the dramatic curved rock face, rising 1500m from the river. This is probably the steepest part of the Marshyangdi Valley, so steep that the trail is carved into the vertical rock. After passing this last bit of rock, the valley opens up with majestic vistas. And right where the valley widens stands the Paungda Danda, a massive sloping rock face that rises over 5,000ft (1500m) above the trail. We trek for a while before reaching Lower Pisang where we spend the night.

Day 07 : Trek to Nawal Village

Today’s route would take us from Lower Pisang to Ghyaru, from Ghyaru to Ngawal. We see the first glimpse of a distinctive face of Annapurna II (7937m) on the trail today. The trails are mostly framed by lush green forests which is an incredible sight. Overnight in Ngawal.

Day 08 : Trek to Yak kharaka

The path from Ngawal to Yak Khaka passes through bizarre rocks sculpted by wind and stunted pines. Along the way there are magnificent views of the Annapurna ridges. Stop in the welcoming village of Bhraka before reaching Manang. Manang boasts stunning views of the mountains and glaciers. Leaving Manang, the path climbs steeply to the village of Gunsang. The views are fantastic as we continue to Yak Kharka. Overnight in Yak Kharka.

Day 09 : Trek to Base Camp

After leaving Yak Kharka behind, we'll take an uphill climb to reach Chulu East Base Camp. With the trail slipping in rocky landforms, it becomes quite strenuous to walk. So, to prevent exhaustion, we'll control our pace of walk and take back to the backrest. Overnight in Chulu East Base Camp.

Day 10: Acclimatization

Today is an acclimatization day, so we spend our day exploring and hiking around Chulu East Base Camp. We'll explore some secluded regions and walk to places with breathtaking views of mountain ridges. As the sun goes down, we’ll head back to the camp and rest peacefully.

Day 11: Trek to Chulu East High Camp

After taking proper rest, we can now head to Chulu East High Camp. The trail crosses snowy slopes that can be only traversed with crampons. Throughout the trek, we have the views of Pisang Peak, Annapurna massif, and Chulu West. The views seen from High Camp are spectacular with views of landscapes and the vibrant valley below. Overnight in High Camp.

Day 12: Fix Rope Camp One

We spend the day fixing the rope in Camp I and preparing ourselves to summit the Chulu East Peak tomorrow.

Day 13: Summit

Early in the morning, we leave our camp and steadily follow the trail that runs through glaciers and moraine. With the support of the guides, we'll pass the section that's extremely challenging and move ahead for Chulu East Peak Climbing. The trail passes over sheer cliffs, ice slope, and open gully, we'll summit the mountain. From the top, we can see amazing views including Annapurna II, Glacier Dome, and Dhaulagiri. After exploring the hidden glaciers and mountains, we'll step back and walk the same trail descending base camp. Overnight in Chulu East Base Camp.

Day 14: Trek to Yak Kharka

After breakfast in the base camp, we retrace our way back to Yak Kharka. The trek today is a short one. The trails are mostly downhill as we walk to Yak Kharka. Overnight in Yak Kharka.

Day 15: Trek to Thorung Phedi

Today we will move towards Thorong Phedi. Thorong Phedi is the base camp of the prestigious Thorong La Pass in Manang. From ledar, we will start our walk towards Thorong Phedi early in the morning. At the beginning of our walk, we ascend steep downhill before we start our ascent up to the river. Along the trail, you can enjoy the stunning views of Mt. Gundang, Mt. Syagang, Thorong Peak and Mt. Khatungkan. Once we reach Thorang Phedi, we will take a walk around the area. We spend overnight at the base of Thorong Phedi.

Day 16: Over Thorong La Pass

Crossing Thorong La Pass, one of the highest passes in the world, will be our ultimate objective today. We will be crossing the pass from east to west (Manang to Muktinath) which is the easiest and safest direction. We get up around three in the morning and walk up the mountain. When we finally make it to the top, we realize that our journey was worth it. We can take a few photos before heading to Muktinath Valley at the foot of the Thorong La pass. Overnight in Muktinath.

Day 17: Muktinath to Jomsom

Muktinath is an important pilgrimage for both Hindus and Buddhists alike. In the morning, we pay our visit to a Vishnu Temple and a Gompa. Descending from Ranipauwa village down the steep and barren hillside, we tumble down toward Kagbeni and then to Jomsom. The trail today is quite surreal as we trek along a plateau above Kali Gandaki River, the world's deepest gorge. The barren landscape of this area resembles Tibet. Overnight in Jomsom.

Day 18: Jomsom to Pokhara

After breakfast at Jomsom, we take a picturesque flight back to Pokhara with mountain views omnipresent and green lush valleys. After getting off the plane at Pokhara, celebrate your success with drinks and a sumptuous dinner. Overnight in Pokhara.

Day 19: Back to Kathmandu

After breakfast, we say goodbye to the beautiful lake city of Pokhara and drive towards Kathmandu. After reaching Kathmandu, we have the rest of the day off to rest or do some souvenir shopping. To celebrate the successful completion of our journey, we will have a farewell dinner in the evening. Overnight in Kathmandu.

Day 20: Free Day

Just relax at your hotel room and travel around the beautiful cultural city of Kathmandu, Patan and Bhaktapur. You have the day to your own, so enjoy your last day in Nepal.

Day 21: Departure from Kathmandu

It’s time to leave Nepal, of course with smiles and many memories to cherish. Depending on your flight time we will drop you at Tribhuwan International airport for your final departure to your destination.

Inclusion / Exclusion

Cost Includes

Arrival in International Airport and Departure.
5 Night's hotel in Kathmandu & Pokhara with Bed & Breakfast.
Sightseeing in Kathmandu Valley with Guide &Entrance fee.
Entrance fee in Annapurna conservation Aria.
Peak permit and Climbing Guide.
Local Transfer and domestic flight.
Domestic airport departure taxes.
All camping Equipment, two men tents, Dining tent,Kitchen Tent, Toilet Tent, Table, Table & chairs.
Breakfast, lunch, dinner in trekking and climbing period.
Guide, Cook, Sherpa, Kitchen staffs and porters.
Insurance for trekking staff and Equipments.

Cost Excludes

Personal equipment for Trekking & Peak climbing.
Personal travel Insurance.
Lunch & dinner in Kathmandu.
Emergency Rescue evacuation.
Personal expenses/Bar bills.
Tipping for trekking staff.