Lama Adventures Pvt. Ltd.

Pisang Peak

Difficulty	Duration	Region	Max. Altitude	Type	Group Size	Accomodation
Hard	**18 Days**	**Manang**	**6091m**	**Peak Climbing**	**2-12 pax**	**Lodges, Hotels and Camp**

Overview

Pisang peak (6,091 m) lies just north of the Manang Valley which the famous Annapurna Circuit passes through. While sometimes offered as a three- day excursion from the village of Pisang, this can only be done if properly acclimatised.

The climb since 2005 approaches via the West ridge. The upper part of the ridge, above the high camp at 5,200 m, is guarded by huge rock slabs which make it difficult to climb, especially in wet or snowy conditions. Inexperienced climbers may feel more comfortable on Island Peak or nearby Chulu Far East.

Naturally there are fabulous views to be seen from the summit over the Manang Valley and the Annapurna Range. A German expedition made the first ascent of Pisang Peak in 1955.

Itinerary

Days 1: Arrival in Kathmandu

On your arrival in Kathmandu, Tribhuwan International Airport, our representative will welcome you & drive you to the hotel. It’s a free day/evening. You can walk around Thamel for shopping.

Days 2: Sightseeing around Kathmandu

Kathmandu is the historical and cultural heart of Nepal and has been a popular destination for tourists ever since Nepal opened its doors to visitors. The city presents a wonderful mix of Hinduism, Tibetan Buddhism and Western influence. There will be a guided tour to the largest Buddhist stupa in Nepal Boudhanath and after that to the most popular Hindu shrine dedicated to Lord Shiva- Pashupatinath. We take a tour to

Patan or Lalitpur (the City of Artisans), which is 5km away from Kathmandu. We walk through Patan Durbar Square, and delight in the architectural wonders of the Malla era. Mahaboudha Temple, Kumbeshwor Temple, Krishna Temple and Golden Temple are the major attractions at the square.

Days 3: Drive to Bensisahar

You will take a bus and drive to Besisahar from Kathmandu. On the way we can see the lifestyle found in rural communities, which are surrounded by rivers and pastureland. Besisahar is a “sahar” which supply the daily requirements for the villagers near to it. You can find an average type of climate in Besisahar. Then, we head for Chyamche. Overnight stay at a guesthouse.

Day 4 : Trek to Dhrapani

Crossing the suspension bridge from Chyamche, we climb uphill for an hour and a half until we reach Jagat. We continue on, crossing another suspension bridge, and eventually reaching Dharapani. Overnight in Dharapani.

Day 05 : Trek to Chame

After leaving Dharapani, you go along a short walk and then reach Bagarchap. Then, we walk through a few forested ridges on our way to Chame, which is the headquarters of the Manang District. Overnight in Chame.

Day 06 : Trek to Pissang

A steep and narrow path through a very dense forest will bring us to the dramatic curved rock face, rising 1500m from the river. This is probably the steepest part of the Marshyangdi Valley, so steep that the trail is carved into the vertical rock. After passing this last bit of rock, the valley opens up with majes, tic vistas. And right where the valley widens stands the Paungda Danda, a massive sloping rock face that rises over 5,000ft (1500m) above the trail. We trek for a while before reaching Lower Pisang where we spend the night.

Day 07 : Rest and Acclimatization

Today we will acclimatize in Pisang. After breakfast in Pisang, we rehearse climbing in nearby spots by testing out our gears and equipment. Also, we can explore the beautiful village and know more about their culture and tradition. This place gives the astounding view of Mt. Gangapurna, Annapurna, and Tilicho Lake. Overnight in Pisang

Day 08 : Trek to High Camp

After having breakfast today, we follow along the trails through thick forests all the way to Kharka. This place is quite awesome for setting up tents. It gives the mesmerizing view of the beautiful landscape and valleys. Then, we ascend in the trails and follow narrow paths to reach Pisang Peak High Camp. Overnight in a tent in High Camp.

Day 09 : Pisang Peak Summit

Today is an adventurous journey as we will be scaling the Pisang Peak. We will be walking through the ridge till the final snow slope. The climb is both technical and steep so walk carefully. The guide will fix the rope and lead the way toward the summit. We get to see majestic views of Mount Annapurna, Glacier Dome, and many other mountain peaks. After exploring and taking snaps we head back to the Base Camp. Overnight in a tent in Base Camp.

Day 10 : Rest Day

Today we take a rest and explore around Pisang Peak Base Camp. The surrounding of the base camp boasts unique views of the surrounding hills and mountain peaks. Overnight in a tent in Base Camp.

Day 11 : Trek to Manang

Today we head towards Manang from Pisang Peak Base Camp. We will be walking along the banks of the river for most of the trek. We will be surrounded by beautiful scenarios all the way. Our destination for the day is Manang, which is one of the acclimatizing zones for trekkers going to Annapurna Circuit. Overnight in Manang.

Day 12 : Trek to Yak Kharaka

From Manang village, the trail crosses a stream, climbs to a village of Tenki and continues to climb out of the Marshyangdi Valley turning northwest up the valley of Jarsang Khola. The trail follows this valley northward, passing a few pastures and a scrub of juniper trees, as it steadily gains elevation. The trail further passes near the small village of Ghunsa, a cluster of flat mud roofs just below the trailhead. Now the trail goes through meadows where horses and yaks graze. After crossing a small river on a wooden bridge, the trail passes an ancient old Mani wall in a pleasant meadow and then reaches another small village of Yak Kharka. Overnight at Yak Kharka.

Day 13 : Trek to Throng High Camp

It is an uphill walk to Thorang Phedi. After walking for some time we cross a suspension bridge and reach Ledar village. We ascend furthermore and pass through towering cliffs before reaching Thorang Phedi, the last village before Thorang La Pass. On this trip we are rewarded with one of the best views of Mt. Gundang, Mt. Syagang, Thorung Peak and Mt. Khatungkan. The word Phedi in Nepalese is referred to as the foot of a mountain. Overnight in Thorong Phedi. Overnight in Thorang Phedi.

Day 14 : Trek to Muktinath

Crossing Thorong La Pass, one of the highest passes in the world, will be our ultimate objective today. We will be crossing the pass from east to west (Manang to Muktinath) which is the easiest and safest direction. We get up around three in the morning and walk up the mountain. When we finally make it to the top, we realize that our journey was worth it. We can take a few photos before heading to Muktinath Valley at the foot of the Thorong La pass. Overnight in Muktinath.

Day 15: Muktinath to Jomsom

Muktinath is an important pilgrimage for both Hindus and Buddhists alike. In the morning, we pay our visit to a Vishnu Temple and a Gompa. Descending from Ranipauwa village down the steep and barren hillside, we tumble down toward Kagbeni and then to Jomsom. The trail today is quite surreal as we trek along a plateau above Kali Gandaki River, the world’s deepest gorge. Overnight in Jomsom.

Day 16: Flight to Pokhara

After breakfast at Jomsom, we take a picturesque flight back to Pokhara with mountain views omnipresent and green lush valleys. After getting off the plane at Pokhara, celebrate your success with drinks and a sumptuous dinner. Overnight in Pokhara.

Day 17: Back to Kathmandu

After breakfast, we say goodbye to the beautiful lake city of Pokhara and drive towards Kathmandu. After reaching Kathmandu, we have the rest of the day off to rest or do some souvenir shopping. To celebrate the successful completion of our journey, we will have a farewell dinner in the evening. Overnight in Kathmandu.

Day 18: Last Day at Kathmandu

Just relax at your hotel room and travel around the beautiful cultural city of Kathmandu, Patan and Bhaktapur. You have the day to your own, so enjoy your last

day in Nepal.

Day 19 : Departure

It’s time to leave Nepal, of course with smiles and many memories to cherish. Depending on your flight time we will drop you at Tribhuwan International airport for your final departure to your destination.

Inclusion / Exclusion

Cost Includes

Arrival in International Airport and Departure.
4 Night's hotel in Kathmandu with Bed & Breakfast.
Sightseeing in Kathmandu Valley with Guide.
Entrance fee in Sagarmatha National Park.
Makalu conservation Fee.
Peak Permit and Climbing Guide.
Round Kathmandu-Lukla-Kathmandu Ticket
Local Transfer.
Domestic airport departure taxes.
Tea House Accopmodetion, brekfast and dinner.
All camping Equipment, two men tents, Dining tent, Kitchen Tent, Toilet Tent, Table & chairs.
Breakfast, lunch, dinner in trekking and climbing period.
Guide, Cook, sherpa, Kitchen staffs and porters.
Insurance for trekking staff and Equipments.

Cost Excludes

Personal equipment for Trekking & Peak climbing.
Personal travel Insurance.
Lunch & dinner in Kathmandu.
Emergency Rescue evacuation.
Personal expenses/Bar bills.
Tipping for trekking staff.