Lama Adventures Pvt. Ltd.

Ghorepani Poon Hill Trek

Difficulty	Duration	Region	Max. Altitude	Type	Group Size	Accomodation
Easy	13 Days	Annapurna	2860m	Trekking	2-14 pax	Tea House and Hotel

Overview

For those who have limited time in Nepal but want to get to the mountains and experience the unique Nepalese culture, the Ghorepani Poon Hill trek is highly recommended.

This trek is essentially a microcosm of what a longer Nepalese mountain trek is like. You'll pass through picturesque villages, deep jungles and over rivers, and many uphills before ultimately ending up at altitude (3,200m), with your head amongst the tallest mountains in the world.

The highest point of this trek, Poon Hill offers uninterrupted, panoramic views of some of the majestic Himalayan mountains including Dhaulagiri, Nilgiri, Machhapuchre, Annapurna Massif and Lamjung. You don't want to miss the splendid sunrise from the viewpoint of Poon Hill. The climb up to the viewpoint from Ghorepani is laborious but it is worth it for the magical views you see from up top. As the sun rises, a wide panorama that stretches from Mt. Dhaulagiri (8167m) to Mt. Manaslu (8156m) with the Annapurna range and Mt. Machhapuchre (6993m) in between is seen. The rising sun will warm your body whereas the landscape will warm your soul.

The Ghandruk-Ghorepani trek is one of the short treks in the Annapurnas but it is definitely leave you mesmerized with all the experiences in between. You'll follow ancient trails that connect local communities, pass through blooming rhododendron forests and rice paddies, and enjoy views of snow-covered mountains.

Itinerary

Days 1: Arrival in Kathmandu

On your arrival in Kathmandu, Tribhuwan International Airport, our representative will welcome you & drive you to the hotel. It’s a free day/evening. You can walk around Thamel for shopping.

Days 2: Sightseeing around Kathmandu

Kathmandu is the historical and cultural heart of Nepal and has been a popular destination for tourists ever since Nepal opened its doors to visitors. The city presents a wonderful mix of Hinduism, Tibetan Buddhism and Western influence. There will be a guided tour to the largest Buddhist stupa in Nepal Boudhanath and after that to the most popular Hindu shrine dedicated to Lord Shiva- Pashupatinath. We take a tour to Patan or Lalitpur (the City of Artisans), which is 5km away from Kathmandu. We walk through Patan Durbar Square, and delight in the architectural wonders of Malla era. Mahaboudha Temple, Kumbeshwor Temple, Krishna Temple and Golden Temple are the major attractions at the square.

Day 03 : Drive/Fly to Pokhara

After breakfast, if you decide to take a bus to Pokhara, you will start off for a 7-hour journey to Pokhara. You can enjoy the beautiful hills, gorges, rivers, villages along the way. If you choose to fly, then it will be a picturesque one with beautiful hills and towering peaks. Once in Pokhara, you can either choose to explore Pokhara or rest at your hotel. You will be staying overnight at the beautiful lake city of Pokhara.

Day 04 : Drive to Nayapul and Trek to Ulleri

Your day starts early with an hour-long drive to Nayapul. From here, your actual trek on foot begins. The walk starts with a crossing of a suspension bridge and you follow the bank of the Modi River. We pass through local villages, tea houses, greenhills, rivers and meet local people of that place. We will cross Tikhedunga Khola by the suspension bridge and reach Tikhedhunga. After Tikhedhunga, the trail begins by climbing up quite steeply on a stone staircase which has more than 3200 steps. After climbing the hill, we can see Mt. Annapurna south (7219m.) and Hiunchuli (6441m.).

Day 05: Trek to Ghorepani

Ghorepani is a charming Gurung village resting on the lap of the majestic Himalayas. On the trails, you cross several small streams. You go up and down stone staircases. You also pass through the beautiful and quaint village of Ulleri. The village is famous for its stunning mountain views of Annapurna South, Himchuli and Mt. Machhapuchhre. From here, you pass through the beautiful, lush green forests of oaks and rhododendron to reach your destination of the day, Ghorepani.

Day 06 : Early Morning Poon Hill View Point and Trek to Tadapani

Today’s trek begins early. You will begin with an ascent to Poon Hill, the ultimate point of the trek. You will feel blessed with an opportunity to see the spectacular sunrise over the Annapurna and Dhaulagiri massifs. And the view of the surrounding farm terraces adds in to the beauty of the scenery. The sunrise view from Poon Hill is quite alluring. With the stunning beauty of the Himalayas in mind, we head back to Ghorepani for breakfast.

Day 07 : Trek to Landruk

Your trek today starts with a pleasant walk in the trails till Ghandruk. Have a hearty lunch at Ghandruk and then walk towards Landruk, which lies in the hills just opposite of Ghandruk. To get to Landruk from Ghandruk, you descend towards Tolka first and then take a steep uphill to Landruk.

Day 08 : Trek to Australian Camp

After having morning breakfast, our journey begins with a wonderful sunrise view over the Himalayas. The trail passes many villages like Tolka, Bhaisi Kharka, Durali, and Potana. In this day, Deurali is the panoramic viewpoint from where we can see the spectacular mountain views. The trail goes uphill until reach to Deurali, after this the trails goes downhill and reach to Potana then after some minutes of walk, we will reach Australian Camp. Dinner and overnight stay at Australian Camp.

Day 09 : Trek to Phedi and Drive to Pokhara

The last day of Annapurna short trek will reach you to Phedi after a few hours of hiking. The trail provides extra pleasure with scenic views, charming villages, and local lifestyle. From Phedi, you will drive to Pokhara. Evening time free for boating at Phewa Lake or personal activities.

Day 10 : Explore Pokhara

Today, you explore the lake city of Pokhara. It's worth spending at least one night in Pokhara, where there's plenty to see and do, and nice places to stay.

Day 11 : Back to Kathmandu

After the morning breakfast, your guide will take you to the Pokhara airport for the scenic flight to Kathmandu. On your interest, there is also the alternative way to return back to Kathmandu by public bus or private car from Pokhara. On your arriving at Kathmandu, you will drop to your respective hotel.

Day 12: Free Day

Just relax at your hotel room and travel around the beautiful cultural city of Kathmandu, Patan and Bhaktapur. You have the day to your own, so enjoy your last day in Nepal.

Day 13: Final Departure

It’s time to leave Nepal, of course with smiles and many memories to cherish. Depending on your flight time we will drop you at Tribhuwan International airport for your final departure to your destination.

Inclusion / Exclusion

Cost Includes

Arrival in International Airport and Departure.
Hotel in Kathmandu with Bed & Breakfast.
Sightseeing in Kathmandu Valley with Guide.
Entrance fees.
Conservation Fee.
Peak Permit and Climbing Guide.
Round Domestic Flight Ticket.
Local Transfer.
Domestic airport departure taxes.
Tea House Accomodation, brekfast and dinner.
All camping Equipment, two men tents, Dining tent, Kitchen Tent, Toilet Tent, Table & chairs.
Breakfast, lunch, dinner in trekking and climbing period.
Guide, Cook, sherpa, Kitchen staffs and porters.
Insurance for trekking staff and Equipments.

Cost Excludes

Personal equipment for Trekking & Peak climbing.
Personal travel Insurance.
Lunch & dinner in Kathmandu.
Emergency Rescue evacuation.
Personal expenses/Bar bills.
Tipping for trekking staff.