Lama Adventures Pvt. Ltd.

Lumba Sumba Pass Trek

Difficulty	Duration	Region	Max.	Type	Group	Accomodation
Moderate	21 Days	Makalu	Altitude	Trekking	Size	Tea House, Hotels
			4748m		2-14 pax	and Camp

Overview

The Lumba Sumba Pass trek was only opened in 2012 so it is a relatively unknown trek. The trek connects the Kanchenjunga region and Makalu region via the Lumba Sumba Pass, and runs through the Kanchenjunga Conservation Area and the Makalu Barun National Park in the eastern part of the country and can be done in one of two directions: starting in either Kanchenjunga or in Makalu. Highlights of this trek include the Lumba Sumba Peak (5,300m); spectacular Himalayan landscapes of the Makalu and Kanchenjunga ranges; different ethnic villages (Limbu, Sherpa, Rai, Gurung, Tamang); cultural heritage; endangered wild life such as the snow leopard and red panda; the base camps of Mount Kanchenjunga and Mount Makalu, and major river systems. With the huge variety of landscapes and natural beauty, and its sometimes harsh and less than good condition trails, it is no surprise that this is a strenuous trek, therefore it is recommended people tackling this trek have prior experience.

While the majority of the trek passes through scattered pockets of human habitation in the form of villages, monasteries, markets and schools, there are days when trekkers are completely alone in the wilderness, particularly on the most difficult day – when they cross through the Lumba Sumba Pass. In order to cross the pass, the day starts very early as after noon, due to weather conditions, it is difficult to cross.

During these days off the beaten track there has been sightings of snow leopards, which would certainly add a new excitement to the journey! After crossing the pass, while hiking through the Arun Valley, there is opportunity for bird watchers to spot several unique and rare species. This is the ideal trek to enjoy spectacular mountain views and learn something about village life in eastern Nepal, throwing in a cultural mix of chortens, temples, monasteries and prayer wheels.

Itinerary

Days 1: Arrival in Kathmandu

Arrival and Tranfer to Hotel.

Hotel - Bed / Breakfast.

Days 2: Sightseeing around Kathmandu

Sightseeing around Kathmandu.

Hotel - Bed / Breakfast.

Day 03: Fly to Bhadrapur

Fly to Bhadrapur & drive to Tapljung 1820m.

Tea House Hotel - Breakfast/Lunch/Dinner.

Day 04: Drive to Taplethok

Drive to Taplethok & Trek to Lelep 1705m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 05: Trek to Ila Dada

Trek to Ila Dada 2027m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 06: Trek to Jongin

Trek to Jongin 2681m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 07: Trek to Olangchung Gola

Trek to Olangchung Gola 3127m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 08: Acclimatization Day

Rest for altitude acclimatize.

Tent Camp - Breakfast / Lunch / Dinner.

Day 09: Trek to Samjung

Trek to Samjung 4034m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 10: Trek to Pass Camp

Trek to Pass Camp 4641m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 11: Trek to Gumba Legen

Trek to Gumba Legen 4480m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 12: Trek to Thudam

Trek to Thudam 3552m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 13: Trek to Chhunjom

Trek to Chhunjom 2736m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 14: Trek to Chyamtang

Trek to Chyamtang 2224m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 15: Trek to Hungung

Trek to Hungung 2317m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 16: Trek to Gola

Trek to Gola 1130m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 17: Trek to Simma

Tent Camp - Breakfast / Lunch / Dinner.

Day 18: Drive to Chichila

Drive to Chichila 1883m.

Tent Camp - Breakfast / Lunch / Dinner.

Day 18: Back to Kathmandu

Drive to Tumlingtar & Fly to Kathmandu.

Hotel - Bed / Breakfast.

Day 19: Free Day

Just relax at your luxurious hotel room and travel around the beautiful cultural city of Kathmandu, Patan and Bhaktapur.

Hotel - Bed / Breakfast.

Day 20: Final Departure

Travel back home from Kathmandu.

Inclusion / Exclusion

Cost Includes

Arrival in International Airport and Departure. Hotel in Kathmandu with Bed & Breakfast. Sightseeing in Kathmandu Valley with Guide. Entrance fees.

Conservation Fee.

Peak Permit and Climbing Guide.

Round Domestic Flight Ticket.

Local Transfer.

Domestic airport departure taxes.

Tea House Accomodation, brekfast and dinner. All camping Equipment, two men tents, Dining tent,

Kitchen Tent, Toilet Tent, Table & chairs.

Breakfast, lunch, dinner in trekking and climbing period.

Guide, Cook, sherpa, Kitchen staffs and porters.

Insurance for trekking staff and Equipments.

Cost Excludes

Personal equipment for Trekking & Peak climbing. Personal travel Insurance. Lunch & dinner in Kathmandu. Emergency Rescue evacuation. Personal expenses/Bar bills. Tipping for trekking staff.

Lama Adventures Pvt. Ltd. - www.lamaadventure.com.np